

NDA CREW

THE CREWLETTER

Newsletter of the "Think Pink" NDA Crew Team

Midwest Scholastic Championships

May 8, 2008

Notre Dame Academy – Toledo, OH

Results from the Scholastic Sprints - Butler, PA - 4/26

Gold Medals:

2nd Varsity 8 Boat – L. Scheiber, K. Tyliniski, C. Rudolph, L. Murrell, O. Ullery,
B. McCarthy, M. Claus, S. Bremer, Lach (cox)

Novice 8 Boat – E. Coyle, J. Jacobs, N. Fuller, M. Eddingfield, M. Georgoff, G. MacKinnon,
K. Miller, S. Riccio, A. Sauppe (cox)

Novice 4 Boat – J. Jacobs, N. Fuller, M. Eddingfield, M. Georgoff, G. MacKinnon (cox)

Silver Medals

Lightweight 4 Boat – Fell, Farrell, H. Murrell, Veluscek, Lach (cox)

Jr. Varsity 4 – M. Claus, S. Bremer, B. McCarthy, L. Vandebroek, S. Kisov (cox)

Bronze Medal

JV 8 Boat – H. Kenney, E. Mills, S. Costa, L. Snell, D. Dailey, C. McNear, T. Wagner, W.
Brooks, B. Jarosi (cox)

NDA Athlete of the Week



Congratulations to this week's NDA athlete of the week, senior rower Whitney Brooks. Whitney came back this season after being gone for awhile because she loves the sport. She puts forth her personal best. Coaches Kelly Irish-Jones and Trevor Jones say, "Whitney gives her all on and off the water. Next year she is going to the U.S. Coast Guard and we wish her all the best. "

President's Message

Wow, what a great weekend! Almost every boat qualified for finals and the one that didn't missed out by less than 2 yards (not an official measurement). The girls sure looked good on Sunday and even the weather cooperated. I know we are all looking forward to a great weekend this upcoming weekend.

As I mentioned on Sunday, Pittsburgh was my last regular season regatta. I will be bringing Teri's older sister home from college this weekend, so I will miss the racing. All of which had me reflecting quite a bit Sunday. Four years of racing -- how the time did fly by! Take advantage of the time that you have with your daughters and try to appreciate this wonderful opportunity.

I was struck over the weekend by a couple of things that I would like to share.

1. I watched the Novice 8 race on Sunday from way over by the boat trailers. Not as close to the racing, but you do get a better angle on the boats so I could actually tell who was in front. What an absolutely stunning scene -- the boats racing out from behind the trees, the oars flashing, the water glistening, blue water, green trees, beautiful blue skies. And, of course, a "pink" boat out in front. What a sight! At its best, this sport is one of sheer, unadulterated pageantry and beauty. To be even a small part of it has been fantastic.

2. On the other hand, we don't do this for the photo opps. Even the medals are not why it is worth all the time, talent and treasure we expend on providing this opportunity to our daughters. Not that I would advocate giving any of the medals back, mind you. They are important for what they represent to each girl who earns one. But the most important reason we do all this is the impact it makes in so many lives, the opportunities it gives to so many girls who work so hard every day. The changes, the growth and maturity, I have seen over our 4 years have been outstanding. Not all due to crew, of course, but a significant portion.

3. After 4 years, it is time to move on. One of those bittersweet things. But I know the club is in more than capable hands. I know the new leadership will take the club to new heights next year and the girls will continue to grow and prosper. Most importantly, each of you will continue the fine traditions of NDA Crew.

So, on a personal note, my thanks to each and every one of you who have helped make this a great year. Thanks to the coaches, thanks to the girls and thanks to each and every parent who pitched in and helped raise a tent, make a breakfast or lunch, cleaned up our area or cheered a pink boat to the finish line. And, last but certainly by no means least, thank you to each of our fine officer group this year. Thank you for all the countless time you spent, the unheralded effort you contributed and the unrecognized thought you put in to making this a great year.

Go PINK!

Joe Relation

Schedule for this weekend:

Thursday May 8, 2008

- Varsity and Novice practice 4- 6
- Boats will be loaded immediately following practice until 6:30 pm

Friday May 9, 2008

- No practice
8:00 pm Any parents and athletes that arrive in Cincinnati and are able to help with the boats and/or the tents please meet at East Fork Chase Park so that all work may be completed timely.
- All girls must be in the Hotel by 9:00 pm on Friday night

Sunday May 11, 2008

Happy Mother's day to all of our Crew moms!

Team Hotel Information

Holiday Inn, 4501 Eastgate Blvd. Cincinnati, OH 45245 Phone: (513) 752-4400

Directions to the Regatta Site

Directions are attached to this email.

Races that NDA will participate in:

Womens HS Varsity Ltwt 4+	(2 of 19 boats)
Womens HS Varsity 4+	(2 of 28 boats)
Womens HS Freshman 8+	(1 of 9 boats)
Womens HS Varsity Junior 8+	(2 of 16 boats)
Womens HS Novice 4+	(2 of 23 boats)
Womens HS Varsity Junior 4+	(2 of 29 boats)
Womens HS Varsity Ltwt 8+	(1 of 9 boats)

Heat Sheets are available NOW!!!!

Please click on the Link Below to make your own personal copy:

<http://www.racetrak.com/central/public/heatsheetrep.asp?RaceNumberDash=false&RegattaChoice=208&HeatChoice=ALL&RaceChoice=LANE&PartChoice=FALSE&ReverseLane=off&3rd Party=on>

Food Listing

The food list for Saturday and Sunday is below. Please make sure you bring your food items to the tent first thing in the morning. If you are unable to attend the regatta, it is your responsibility to get all of your food items to the regatta with someone who is going.

Midwest Regatta - Food List

Regatta date: 5/10/2008- 5/11/2008

Breakfast **Omelets, French toast, bacon, oatmeal, hard boiled eggs, fruit, bagels**

Family Name

Ullery **10 dozen raw eggs, 6 lbs bacon, large box pancake mix**
Tylinski **6 lbs bacon, 10 dozen raw eggs**
Rudolph **3 dozen Barry's bagels and cream cheese, 12 hard boiled eggs**
Murrell **8 bags shredded cheese, 5 rolls of paper towels**
McCarthy 8 1/2 gallons jugs: (4) juice, apple, grape or OJ plus four 1/2 gallons milk (1% & 2%)
VanDenbroek 36 muffins or fancy breads, 500 plastic forks
4 melons (3 cantelope and 1 honey dew each), Large jar Jiff peanut butter, small liquid coffee creamer
Kenney
Claus 3 lb strawberries washed and hulled and Kiwi and 20 apples
4 generous bunches of seedless grapes washed and 2 bottles of hand wipes, 4 large bags of ice (Sunday)
Bremer
Farrell **20 bananas, 15 oranges and 4 pineapples**
Dailey 3 dozen Barry's bagels and cream cheese
MacRitchie 80 juice boxes - prefer 100% juice and 50 coffee cups
Brooks 80 juice boxes - prefer 100% juice and 50 bowls
2 Sandwich sized bags of each: finely chopped peppers, onions, mushrooms, and 3 lbs diced ham
Fell
three bottles Smucker's flavored pancake syrup - 2 strawberry and one other flavor, 50 cleaned
Relation
and cut celery sticks, sandwich sized bag of chopped onion
Kisov **36 muffins or fancy breads, 500 plastic spoons**

Grazing **Veggies and dip, apples and peanut butter and cheese**

Jarosi 4 lbs cheese cubes and 50 celery sticks cut and cleaned, 4 dozen hamburger buns
Lach Humuus and pitas for 48 (2 days), large container of hot chocolate mix
Scheiber Veggies and dip for 24, 4 dozen hamburger buns
Costa Veggies and dip for 24, 1 large bag Trail mix (the healthier the better), box of Kleenex

Lunch **Hamburgs, hot dogs , pasta salad, lettuce salad**

Novice team Lunch brought for you - call with questions 349-5021

Desserts **Cookies, bar cookies, brownies**

Wagner 6 dozen baked goods
Yeager **4 dozen baked goods, 4 large bags of ice (Saturday)**

Misc Items: Water bottles

McNear 8 - 2 1/2 gallon of water containers
Mills 96 bottles of Dasani water
Veluscek 96 bottles of Dasani water
Snell Jar of grape jelly, variety of small dried cereal boxes (48), 50 celery sticks cut and cleaned,

Pink Party / Parent Social

On Saturday night in Cincinnati, the girls will gather with Trevor, Kelly and Pete for the Pink Party. The girls will be eating dinner at the party. At the same time as the Pink Party, Karen has reserved a room for a parent social complete with light snacks. NDA Crew will provide crackers and cheese for this event. Adult beverages are BYOB for this event. Please plan on attending and mingling with all of the other crew parents!

Frogtown Regatta

The Frogtown regatta will be taking place in Toledo during fall season 2008. The officers of NDA Crew are looking for a couple of parents to work as liaisons for NDA crew with Toledo Rowing Club. This is an opportunity to work with parents from all of the other Toledo rowing clubs to help make this Toledo rowing event successful and attract crew teams from all over. Please contact Tom or Martha Farrell or Charlie Murrell if you are interested.

Fundraising



We need to fill all of our dates for concessions at the Mud Hens games as soon as possible. Please bring your Calendars to the regatta this weekend so that you can give Julie the dates that you are available to work at the Mud Hens games.

Day	Date	Arrival	Game
Tues	5/20/08	8:30 am	10:30 am
Sun	6/8/08	5:00 pm	7:00 pm
Thu	6/12/08	5:00 pm	7:00 pm
Sat	6/28/08	5:00 pm	7:00 pm
Sat	7/5/08	5:00 pm	7:00 pm
Sun	7/6/08	5:00 pm	7:00 pm
Wed	7/9/08	5:00 pm	7:00 pm
Sat	7/26/08	5:00 pm	7:00 pm
Sat	8/9/08	5:00 pm	7:00 pm
Sun	8/10/08	4:30 pm	6:30 pm
Tue	8/26/08	5:00 pm	7:00 pm
Wed	8/27/08	5:00 pm	7:00 pm

Remember this is our largest fundraiser of the year and each athlete's parents MUST sign up and work their allotted games. If you do not choose your games, they will be chosen for you. Email Julie at jlach@bex.net.

Mud Hens Frequently Asked Questions:

- **When and where do I arrive at my scheduled game?**
All NDA Crew volunteers for Mud Hens games need to arrive **2 hours** before the game begins as the gate opens one hour before game time. All volunteers need to enter through the Huron Street entrance and tell the worker there that you are from NDA Crew to work in Stand 2.
- **What do I wear as a volunteer for Gladieux at the Hens game?**
Volunteers need to wear khaki pants (slacks, shorts or capris), light-colored top, no open-toed shoes.
- **Can I take added responsibility when working in Stand 2?**
We need adults volunteer to be step up and volunteer to take on the jobs of group leader and/or head cashier for games
- **How do I sign up for Mud Hens?**
All Crew families need to sign up for at least nine Mud Hens slots this spring/summer. You need to contact Julie Lach at (419) 661-1427 or jlach@bex.net.
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- **What if I forget which days I have signed up for?**
A reminder email will be sent to all parent's email addresses two days before your scheduled time. However, it is always a good thing to call Julie to avoid any last minute confusion.

Crew Parents and Friends we really need your help!!!

As part of our Med Hens commitment we are required to work a daytime children's game.

Our game is Tuesday May 20th and volunteers will have to be there at 8:30 am.

At this point in time, we do NOT have enough volunteers for this game.

We need at least 10 more people. Please help us out.

This is important to our relationship with Gladieux and keeping your daughters in New and improved technology.

Please email Julie at jlach@bex.net if you are able to work this game.

Crew Calendar

Any questions regarding practice or boat loading or unloading should be directed to the coaches please. Any other questions please email ndacrew@hotmail.com. All other events can be found on the NDA Crew calendar which can be found by clicking on the bottom link at the left of the NDA Crew webpage www.ndacrew.com. The calendar includes athlete's birthdates, hotel and regatta information, Mud Hens information and other things. If you know of something that is missing, please feel free to email ndacrew@hotmail.com and it will be added.