

NDA CREW - Spring Season 2009

Information about NDA Crew at your fingertips

We have a seat in one of our boats waiting just for YOU!!!!

Coaches:

Varsity:

Trevor and Kelly Jones

tkj77@sbcglobal.net

(419) 343-8265 (cell)

Practice Time: 4 - 6 pm

Important Spring Crew Dates

January 15: Spring Season Crew Meeting for Parents and Rowers 7:00 @ NDA

January 20: Conditioning begins. 4-6 daily.

January 22: New Rowers Meeting 6:00 @ NDA.

February 21: Indoor Regatta at NDA

February 28: NDA Crew Fundraiser Casino Trip - Greektown Casino

March 2: Practice begins downtown on the water; weather and ice dependent

(Tuesday) May 26—Mandatory Boathouse Teardown

(Friday) June 26—End of season party!!!

Spring Regatta Schedule

Saturday March 28: Upper Arlington Scrimmage (tentatively) Varsity only.

Saturday April 11: Cincinnati Invite-- East Fork

Saturday April 18: Hoover Invite—Westerville

Saturday April 25: Governor's Cup—Grigg's Reservoir

Sunday May 3: Scholastic Sprints—Pittsburgh, PA; Mandatory arrival is Saturday, May 2.

Saturday and Sunday May 9 and 10—Midwests-- Cincinnati; Mandatory arrival is Friday, May 8

Saturday May 16--3rd Annual Mayhem regatta—Toledo Boathouse

Thursday-Saturday May 21-23—SRAA Championships, Princeton, NJ

Tuesday May 26—Mandatory Boathouse Teardown

Friday-Sunday June 12-14—US Youth Nationals Cincinnati